

Clinical Prediction In Psychotherapy

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PROTOCOL

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The effects of clinical supervision on supervisees and patients in cognitive-behavioral therapy: a study protocol for a systematic review



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Abstract

Background: Clinical supervision by a senior therapist is a very common practice in psychotherapist training and psychiatric care settings. Though clinical supervision is advocated by most educational and governing institutions, the effects of clinical supervision on the supervisees' competence, e.g., attitudes, behaviors, and skills, as well as on treatment outcomes and other patient variables are debated and largely unknown. Evidence-based practice is advocated in clinical settings but has not yet been fully implemented in educational or clinical training settings. The aim of this systematic review is to synthesize and present the empirical literature regarding effects of clinical supervision in cognitive-behavioral therapy.

Methods: This study will include a systematic review of the literature to identify studies that have empirically investigated the effects of supervision on supervised psychotherapists and/or the supervisees' patients. A comprehensive search strategy will be conducted to identify published controlled studies indexed in the MEDLINE, EMBASE, PsycINFO, and Cochrane Library databases. Data on supervision outcomes in both psychotherapists and their patients will be extracted, synthesized, and reported. Risk of bias and quality of the included studies will be assessed systematically.

Discussion: This systematic review will rigorously follow established guidelines for systematic reviews in order to summarize and present the evidence base for clinical supervision in cognitive-behavioral therapy and may aid further research and discussion in this area.

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Keywords: Systematic review, Clinical supervision, psychotherapy, Training

Background

Clinical supervision is an integral part of both psychotherapist training and continued professional development in many countries. Though there are variations, most clinical supervision takes place during basic psychotherapy training and many professional bodies and organizations endorse, promote, or regulate clinical

supervision in standard psychiatric care as well. The definition of clinical supervision in psychotherapy varies to some degree but the fundamental aspect is a one-on-one tuition in which a supervisor helps a supervisee to develop theoretical knowledge, practical skills, and other kinds of therapeutic competence in regard to specific patient cases [1, 2]. Similar to other forms of professional development, such as taking courses and attending workshops, the ultimate goal of clinical supervision is that the psychotherapists provide safe and effective treatments for their patients [3]. Clinical supervision is thus justified based on this proposed causal chain between supervision, psychotherapist practice, and patient well-

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The Menninger Foundation began the Psychotherapy Research Project in This book is based on twenty years of accumulated data from that study, which. Clinical prediction in psychotherapy. Front Cover. Leonard Horwitz. J. Aronson, Oct 1, - Psychology - pages. Psychother Res. ;22(6) doi: / Epub Jul Clinical prediction in group psychotherapy. Chapman CL(1). Clinical prediction in psychotherapy. by Horwitz, Leonard, Publication date Topics Psychotherapy, Psychoanalysis, Prediction. Clinical Prediction in Psychotherapy: Medicine & Health Science Books @ sacflamenco.com Clinical prediction in group psychotherapy. Article (PDF Available) in Psychotherapy Research 22(6) July with Reads. To find more information about Rowman and Littlefield titles, please visit www.sacflamenco.com Book Details. Book Details. Jason Aronson, Inc. Pages: "Clinical Prediction in Psychotherapy." American Journal of Psychiatry, (6), pp . We have redesigned the delivery of The American Journal of. Prior research in individual therapy has provided evidence that therapists are poor predictors of client outcome and often misjudge clients' perceptions of the. Clinical implications in line with deliberate practice are suggested and future research on complex questions related to clinical prediction is proposed. The psychotherapy researcher practice relationship: Through a clinical supervision lens. Prior research in individual therapy has provided evidence that therapists are Keywords: group psychotherapy; clinical prediction; therapeutic relationship; Prior research in individual therapy has provided evidence that therapists are Keywords: group psychotherapy, clinical prediction, therapeutic relationship. Find great deals for Clinical Prediction in Psychotherapy by Leonard Horwitz (, Hardcover). Shop with confidence on eBay!. Our study of predictability of outcomes of psychotherapy used predictions of two kinds: (1) direct predictions by patients, therapists, and clinical observers. Prior research in individual therapy has provided evidence that therapists are poor predictors of client outcome without the aid of objective. This study of clinical versus statistical prediction appears to be one of the ing psychology with a test for the relative predictive merit of assessment deci-. Beutler, L. E., Johnson, D. T., Neville, C. W., & Workman, S. N. (). "Accurate empathy" and the A-B dichotomy. Journal of Consulting and Clinical Psychology . Cognitive Therapy and Research, 8, Professional Psychology: Research and Practice, 21, Grinker Clinical prediction in psychotherapy. A clinical prediction rule is a type of medical research study in which researchers try to identify "Differences in generalists' and cardiologists' perceptions of cardiovascular risk and the outcomes of preventive therapy in cardiovascular. Further, progressively more optimistic predictions based on the empirical Journal of Consulting and Clinical Psychology, 69(2), Flooding and implosive therapy: Direct therapeutic exposure in clinical practice. New York: Plenum Clinical prediction in psychotherapy. New York: Aronson. Is this a condition best treated by psychotherapy alone or might it also address virtually any type of diagnosis, description, or prediction of human interest. Enthusiasm for prescriptive clinical prediction rules (eg, back pain and of Physical Therapy in the Department of Orthopaedics and a

Clinical. Over a half century ago, the brilliant clinical psychologist Paul Meehl () provided Clinical versus mechanical prediction: a meta-analysis.

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